Chores for Kids by Age

CHILD'S NAME _____ AGE _____

WEEK OF _____

AGES 2 TO 3

- [ ] Put toys in a bin
- [ ] Put dirty clothes in the hamper
- [ ] Wipe up small spills with a cloth
- [ ] Put books back on the shelf
- [ ] Help feed a pet, with an adult
- [ ] Carry their cup or plate to the counter
- [ ] Throw trash in the trash can
- [ ] Help match socks
- [ ]
- [ ]

AGES 4 TO 5

- [ ] Make the bed, with help
- [ ] Set napkins and spoons on the table
- [ ] Water plants with a small can
- [ ] Sort laundry into lights and darks
- [ ] Dust low shelves with a cloth
- [ ] Clear their own dishes from the table
- [ ] Put away their own clothes
- [ ] Help put groceries away
- [ ] Feed a pet
- [ ]
- [ ]

AGES 6 TO 7

- [ ] Make the bed each morning
- [ ] Set and clear the table
- [ ] Pack their school backpack
- [ ] Fold towels and washcloths
- [ ] Empty small trash cans
- [ ] Unload the dishwasher, leaving knives for an adult
- [ ] Sweep with a small broom
- [ ] Wipe the bathroom sink
- [ ] Pull weeds, with help
- [ ]
- [ ]

AGES 8 TO 9

- [ ] Load the dishwasher
- [ ] Fold and put away their own laundry
- [ ] Vacuum a room
- [ ] Take out the trash and recycling
- [ ] Make a simple snack or cold breakfast
- [ ] Tidy and dust their bedroom
- [ ] Rake leaves
- [ ] Help wash the car
- [ ] Mop a small floor
- [ ] Put away groceries in the right places
- [ ]
- [ ]

AGES 10 TO 12

- [ ] Run the washer and dryer
- [ ] Clean the bathroom sink, mirror and toilet
- [ ] Help cook a simple meal with an adult
- [ ] Change their own bed sheets
- [ ] Wash dishes by hand
- [ ] Clean out the fridge shelves
- [ ] Write the grocery list
- [ ] Bring the trash bins to the curb
- [ ] Wipe kitchen counters and the table
- [ ]
- [ ]

AGES 13 AND UP

- [ ] Cook a family meal
- [ ] Do their own laundry from start to finish
- [ ] Deep clean the kitchen
- [ ] Mow the lawn, once you agree it is safe
- [ ] Shop from a grocery list
- [ ] Clean the bathroom, including the tub

Chores for Kids by Age (continued)

- [ ] Babysit a younger sibling for a short time
- [ ] Wash the car
- [ ] Shovel snow or help with yard work
- [ ]
- [ ]

Every child is different. Pick chores that fit your child's skills, and stay close for anything hot, sharp or chemical.